

POSTOPERATIVE INSTRUCTIONS

Just a few reminders regarding your care after today's root canal therapy:

1. Your tooth will be sore to biting and often times touch for the next 5 to 7 days. The tooth may feel as if it is "high" when you bite your teeth together. In rare instances the soreness to biting may take more time to go away.
2. Your tooth may ache slightly over the next several days. The majority of our patients find that over-the-counter medications such as aspirin, Tylenol, or Ibuprofen work well. If Dr. Henry prescribed a prescription pain medication for you, please take only as directed.
3. The gums around your tooth may be sore after the procedure. This soreness will go away in a few days.
4. You may eat as you normally would as soon as the numbness is worn off, however, you should chew lightly on the tooth with the root canal, and avoid chewing hard or sticky foods until you have seen your general dentist for the final crown or filling of this tooth.
5. _____ You have a true temporary filling in this tooth. Please see your dentist within 4 weeks if possible, to replace this with a permanent filling or crown, to protect your tooth.

_____ You have a glass ionomer filling bonded to your tooth. This may be kept as a permanent base under a crown or filling, or left alone if your dentist chooses. Please set up an appointment with your dentist soon for your new crown or filling, to protect your tooth.

_____ Please return to our office in _____ weeks/months so we can check your healing.

6. Feel free to call our office anytime with any question. Please notify us if any of the following occur:
 - A. Swelling
 - B. Pain unrelieved by the pain medication prescribed
 - C. Rashes or other allergic reactions to medications
 - D. Difficulty tolerating medication